



Family Time

Sharing Our Story

36 *Best Use*
Activity with older child/teen

Value of the Journey
This time will help your son or daughter understand their place in God's story.

Before the Journey
Schedule a time with your child to go out to dinner at a place of their choice. Take a Bible, a pen, and a pad of paper.

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The Purpose of Story Telling

1. Sharing a story is as human as breathing. Sharing a story can teach us our identity and our purpose. It is through sharing stories that we learn to answer three vital questions:
 - Who am I?
 - Where do I belong?
 - Why do I matter?
2. Being around our parents, hearing grandparents tell stories, and ultimately hearing God's Story can help us find our purpose and life meaning.
3. God's Story tells us who we are, why we belong in the world, and why we matter. God's Story helps us create a future grounded in a deeper understanding of our past.

Telling the Story

1. Go out for a meal with your son or daughter and do a little history. Research as far back as you can in your family history. Be creative and bring pictures of your family to share your family's story. Tell stories from your parents or grandparents that were shared with you. The goal is to place your child's story within a bigger picture. The world was spinning before you or your child came into it. It will keep spinning after you leave.
2. Tell your child that we read the Bible for the same reason we recall our family's history. David, Moses, and Paul are not just Bible characters; they are our spiritual ancestors. The Bible is a story of God's people trying to learn what it means to live in God's world God's way. Their story of struggle, triumph, loss, and joy is not much different than ours.
3. Pick a Bible story to read together like David & Goliath, Noah & the flood, Joseph and his brothers, or Paul and Silas. Refer to the people in the story as real people. Then ask your child these questions:
 - What did they learn about God?
 - What did they learn about themselves?
 - What does their experience mean for us?
4. Pray for each other. Pray that the Bible will become more real as you read God's Story. Thank God for telling His Story to give you a sense of your identity and meaning.
5. Ask your child to write (or illustrate) their own personal story in a keepsake journal. Ask your child to anticipate how God will use us to tell His story through our lives. For example, your child might take on the role of Paul as a missionary, or David as a leader, or Esther as a faithful servant as a means of creative expression. This can help us visualize how God will use us with the people and places we encounter. As they grow and mature, revisit the story they've written to rewrite how God is using them.

College Church of Christ Family Ministry Team

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